



SENIOR PROGRAMS
CITY OF PHOENIX | HUMAN SERVICES

WELCOME

The City of Phoenix Senior Centers offer active adult programs. For more information or details regarding Senior Center programming, memberships, list of services, meals or hours of operation you can visit.

CENTER TRIPS

Must be a current registered member. Please sign up with staff. Transportation for all trips is \$2. Any questions, please ask a staff member.

Destination	Date	Time	Cost
Ranch Market	April 15	12:15 to 1:30 p.m.	\$2
Movie	April 29	10 a.m. to 1 p.m.	\$2
Devonshire Senior Center	May 7	9:15 to 10:30 a.m.	\$2
Ranch Market	May 13	12:15 to 1:30 p.m.	\$2
Lin's Buffet	May 20	11 a.m. to 12:30 p.m.	\$2 + lunch
Ranch Market	June 17	noon to 1:30 p.m.	\$2
Red Wok	June 24	11 a.m. to 12:15 p.m.	\$2 + lunch
SOW Senior Center	June 26	10 a.m. to 1 p.m.	\$2

For more information or a copy of this publication in an alternate format, contact 602-262-4520 voice.

The city's TTY Relay phone number 602-534-5500 if needed. This facility is Relay 7-1-1 trained.

McDowell Place Senior Center

Your Best Years Start Here

1845 E. McDowell Rd.

Phone 602.262.1842

April to June 2026

MEMBERSHIP

Membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

LUNCH

Lunch is served Monday through Friday at 11:30 a.m. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

MEMORY CAFE



The Memory Café program is offered at all 15 senior center locations!

McDowell Place Senior Center hosts an 11-person Memory Café the third Thursday of each month, from 10 to 11 a.m. *Call 602-262-1842 for more information.*

Hours of Operation

Monday through Friday, 8 a.m. to 5 p.m.

Programming Hours

9 a.m. to 4 p.m.

phoenix.gov/senior services

A P R I L

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 April Fool's Day	2 9:30 a.m. Arts & Crafts with Christy	3 9:30 a.m. Spring Celebration
6	7 10 a.m. TEFAP	8 10 a.m. Dave Swaim Birthday Celebration	9	10
13 noon Beauty Tips	14	15 12:15 p.m. Ranch Market	16 10 a.m. Memory Cafe	17
20	21	22 Center Closed Staf Meeting Earth Day	23	24 9 to 10:30 a.m. Nacho Sale
27 noon Beauty Tips	28	29 10 a.m. Volunteer Recognition 10 a.m. Diana Gregory	30 11 a.m. to 12:30 p.m. Tamale Store	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5 9:30 to 11:30 a.m. Cinco de Mayo 10 a.m. TEFAP	6 9:30 to 11 a.m. Mother's Day Celebration	7 9:30 a.m. Arts with Christy at Devonshire Senior Center	8 10 to 11 a.m. T.A. Burrows
11 noon	12	13 10 to 11 a m	14 9 to 11 a m	15

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Calendar

17 noon Beauty Tips		18 to 11 a.m. Dave Swain Ranch Market 12:15 to 1:30 p.m.	9 to 11 a.m. Rummage Sale	
18	19	20 11 a.m. to 12:30 p.m. Lin's Buffet	21 10 to 11 a.m. Memory Café	22
25 Center Closed Memorial Day	26	27 10 a.m. Diana Gregory	28	29
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Caribbean-American Heritage Month	2 9:30 a.m. 602 Day 10 a.m. TEFAP	3	4 9:30 a.m. Arts & Crafty with Christy	5 World Environment
8 noon Beauty tips	9	10 10 a.m. Dave Swain 12:15 to 1:30 p.m. Ranch Market	11	12
15	16	17 9:30 to 11 a.m. Father Day Celebration	18 10 to 11 a.m. Memory Café	19 Center Closed Juneteenth
22	23	24 10 a.m. Diana Gregory 11 a.m. to 12:30 p.m. Red Wok Buffet	25 9:30 to 10:30 a.m. Nacho Sale	26 10 a.m. to 1 p.m. SOW Senior Center Formal Dance
39	30	<p>Note: Trip transportation cost is \$2. Programs, classes, events, and trips are subject to change or can be canceled without notice.</p> <p>The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenter. Screened Presenter(s) shall</p>		

Activity	Time	Day
Computers	9 a.m. to 4 p.m.	Monday through Friday
Billiards / Pool	9 a.m. to 4 p.m.	Monday through Friday
Color, Puzzles, Dominoes	9 a.m. to 4 p.m.	Monday through Friday
Table and Card Games	9 a.m. to 4 p.m.	Monday through Friday
Socialization	9 a.m. to 4 p.m.	Monday through Friday
Line Dancing	12:30 to 1:30 p.m.	Monday
Beauty Tips	noon to 12:45 p.m.	Monday
Gardening	9 to 11 a.m.	Tuesday, Wednesday, Friday
Chair Exercise	10:30 to 11:30 a.m.	Tuesday
Loteria	10:30 to 11:30 a.m.	Wednesday
Movie	10:30 to 11:30 a.m.	Wednesday
Fun Bingo	10:30 to 11:30 a.m.	Thursday
Tai Chi	12:30 to 1:30 p.m.	Friday
Healthy Recipes & Story Telling	12:30 to 1:30 p.m.	Friday

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