

# Helen Drake Senior Center

*Your Best Years Start Here*

7600 N. 27th Ave, Phoenix, AZ 85051

602-262-4949

Email us at: [HelenDrake.SC.HSD@phoenix.gov](mailto:HelenDrake.SC.HSD@phoenix.gov)



**SENIOR PROGRAMS**  
CITY OF PHOENIX | HUMAN SERVICES



## HELEN DRAKE SENIOR CENTER

Helen Drake Senior Center is a recreation center for seniors and adults, situated in northeast Phoenix. We are located in the North Glenn Square Neighborhood. Our Human Services staff are here to serve you.

Stop on by!

## MEMORY CAFÉ at Helen Drake

Memory Café is a welcoming place to provide persons living with early to moderate dementia a safe place to socialize and participate in activities facilitated by professionals to stimulate brain health. Advance registration required. Memory Café is held the first Tuesday of the month from 10 to 11:30 a.m. See flyer for details.

## April to June 2026

### MEMBERSHIP

Your membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

### LUNCH

Lunch is served Monday through Friday at noon. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

### TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

### CASEWORKER SERVICES

Caseworker services are available to current members by appointment only. To schedule an appointment call 602-262-4949.

### Senior Center Hours

Monday to Friday

Operating hours: 8 a.m. to 5 p.m.

Programming hours: 9 a.m. to 4 p.m.

For more information, or a copy of this publication in an alternate format, contact 602-262-4520 voice. The City's TTY Relay phone number, 602-534-5500 may be used, if needed.

[phoenix.gov/seniorservices](http://phoenix.gov/seniorservices)

# April 2026

## Special Activities & Events



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

		1 Beginners Mahjong 9:30 a.m.	2 Egg Decorating Party 2 p.m.	3 Easter party S.O.W. trip 10 a.m.
6 Jewelry Making 9:30 a.m.	7 Memory Café 10 a.m. Cooking with Renee 2 p.m.	8 Beginners Mahjong 9:30 a.m.	9	10 <b>No Line Dancing</b>  National Pet Day
13 Jewelry Making 9:30 a.m.	14 Arts and Crafts Experience 10 a.m.	15 Beginners Mahjong 9:30 a.m. Site Council Meeting 2:30 p.m.	16	17 Birthday Bingo 12:30 p.m.
20 Jewelry Making 9:30 a.m.	21 National Walking Day Trip to Beuf 10 a.m. Cooking with Renee 2 p.m.	22 <b>Center Closed</b>	23	24 The Blooming Faire Party 11 a.m.
27 Jewelry Making 9:30 a.m.	28 Arts and Crafts Experience 10 a.m.	29 Beginners Mahjong 9:30 a.m. Fernando's Dance Class 1 p.m. Book Club 1 p.m.	30	

# May 2026

## Special Activities & Events



Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Jewelry Making 9:30 a.m. Paper Flower Art 1 p.m.	5 Memory Cafe 10 a.m. Cinco de Mayo S.O.W. trip 10 a.m.	6 Beginners Mahjong 9:30 a.m.	7	8 Mother's Day Tea 12:30 p.m.
11 Jewelry Making 9:30 a.m.	12 Airport Tour trip  Arts and Crafts Experience 10 a.m.	13 Beginners Mahjong 9:30 a.m.	14	15 Birthday Bingo 12:30 p.m.
18 Jewelry Making 9:30 a.m.	19 Cooking with Renee 2 p.m.	20 Beginners Mahjong 9:30 a.m. Site Council Meeting 2:30 p.m. Fernando's Dance class 1 p.m.	21 Oregano's Trip 11 a.m.	22
25 <b>Memorial Day Center Closed</b>	26 Arts and Crafts Experience 10 a.m.	27 Beginners Mahjong 9:30 a.m. Book Club 1 p.m. Fernando's Dance class 1 p.m.  National Popsicle Day	28	29 Volunteer Recognition Event noon

# June 2026

## Special Activities & Events



**Monday      Tuesday      Wednesday      Thursday      Friday**

<p>1 Jewelry Making 9:30 a.m.</p>	<p>2 Memory Café 10 a.m. 602 Day at S.O.W. 10 a.m.</p>	<p>3 Beginners Mahjong 9:30 a.m.</p>	<p>4</p>	<p>5 Junebug Juice Day noon</p>
<p>8 Jewelry Making 9:30 a.m.</p>	<p>9 Arts and Crafts Experience 10:30 a.m.</p>	<p>10 Beginners Mahjong 9:30 a.m. Experience Corps Presentation 10:30 a.m.</p>	<p>11</p>	<p>12</p>
<p>15 Jewelry Making 9:30 a.m.</p>	<p>16 Renee's Cooking Class 2 p.m.</p>	<p>17 Beginners Mahjong 9:30 a.m. Site Council meeting 2:30 p.m. Fernando's Dance class 1 p.m.</p>	<p>18 Father's Day BBQ 11 a.m.</p>	<p>19 <b>Juneteenth Center Closed</b></p>
<p>22 Jewelry Making 9:30 a.m.</p>	<p>23 Arts and Crafts Experience 10:30 a.m.</p>	<p>24 Beginners Mahjong 9:30 a.m. Book Club 1 p.m. Fernando's Dance Class 1 p.m.</p>	<p>25</p>	<p>26 Birthday Bingo 12:30 p.m.</p>
<p>29 Jewelry Making 9:30 a.m.</p>	<p>30 Johnny Rockets Trip 11 a.m. Renee's Cooking Class 2 p.m.</p>			

# Program Schedule

CLASS	INSTRUCTOR	DAY	TIME	TYPE
Walking Club	April O.	Monday	10 to 11 a.m.	In-person
Cardio Dance Class	David G.	Monday & Wednesday	11 a.m. to noon	In-person
Open Art Studio	David G.	Monday & Thursday	2 to 4 p.m.	In-person
Quilting and Sewing	Member-led	Monday & Friday	9 a.m. to noon	In-person
Card Games	Member-led	Monday to Friday	9 a.m. to 4 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Junk Journaling	David G.	Tuesday	3 to 4 p.m.	In-person
Senior Fitness	Theresa L.	Tuesday & Thursday	1 to 2 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Painting on Canvas	Member-led	Wednesday	9 a.m. to noon	In-person
Tai Chi	Volunteer-led	Wednesday	1 to 2 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Chair Yoga	Peggy	Thursday	10 to 11 a.m.	Virtual
Bible Study	Member-led	Thursday	10 to 11 a.m.	In-person
Sketching School	David G.	Thursday	2 to 4 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Line Dancing	Ruth S.	Friday	10 to 11 a.m.	In-Person
Sewing Class	Yolanda F.	Friday	12:30 to 1:30 p.m.	In-person
Movie	Renee F.	Friday	1:30 to 3 p.m.	In-person
Prize Loteria	April O.	Friday	3 to 4 p.m.	In-person

