

DEER VALLEY SENIOR CENTER



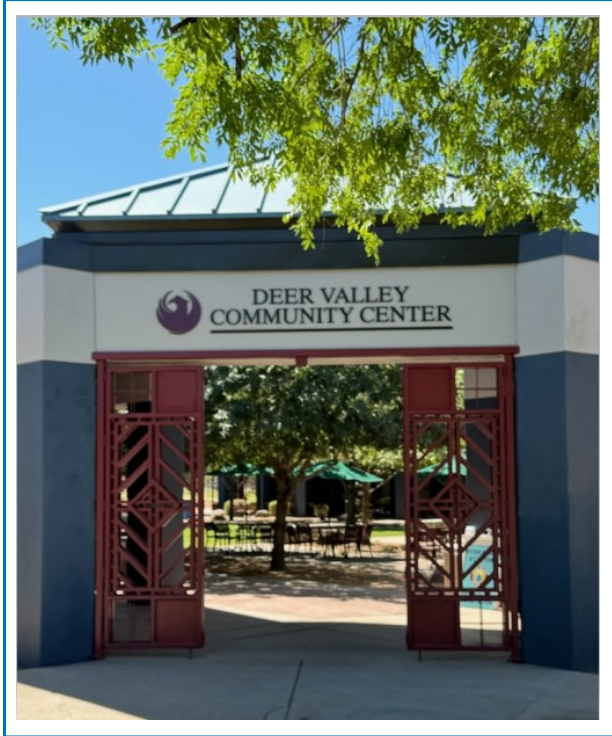
SENIOR PROGRAMS
CITY OF PHOENIX | HUMAN SERVICES

Your Best Years Start Here

2001 W. Wahalla Lane

Phone 602.495.3714

April, May, June 2026



SPRING

Note: Programs, classes, events, and trips subject to change or cancellation without notice. Trip transportation cost is \$2. The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenters. Screened Presenter(s) shall not state or imply any endorsement by the City of Phoenix or any of its employees.

LUNCH

Lunch is served Monday through Friday at 11:30 a.m. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

MEMBERSHIP

Membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

HUMAN SERVICES DEPARTMENT
SENIOR PROGRAMS



Human Services Department's Memory Café program has expanded to all 15 senior center locations!

For more information, check with your nearest senior center, or visit:

<https://www.phoenix.gov/humanservicessite/Pages/Dementia-Friendly.aspx>

602-534-5750

Operating Hours: 8 a.m. to 5 p.m. Monday to Friday

Programming hours: 9 a.m. to 4 p.m.

For more information or a copy of this publication in an alternate format, contact 602-262-4520 voice.

[phoenix.gov/seniorservices](https://www.phoenix.gov/seniorservices)

The City's TTY Relay phone number 602-534-5500 if needed.

This facility is Relay 7-1-1 trained.

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April				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Site Council Meeting 10:30 a.m.	2	3 Zumba 10:30 a.m.
6 Memory Monday Screenings	7 Fitness Testing noon to 1 p.m.	8	9	10 Book Club noon
13	14 Loteria 10 a.m.	15 Medicare Assistance 10 a.m. Mah Jong Class 10 a.m. Rock Painting 10:30 a.m.	16 Commodities upon arrival	17 Zumba 10:30 a.m.
20	21	22 Center Closed for All Staff Meeting	23	24
27 Prize Bingo 12:30 p.m.	28 Memory Café 10 a.m.	29 Mah Jong Class 10 a.m.	30	
May				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 Zumba 10:30 a.m.
4 Memory Monday Screenings	5	6 Site Council Meeting 10:30 a.m.	7 Quarterly Birthday Party T.A. Burrows 10 a.m.	8 Book Club noon
11	12 Loteria 10 a.m.	13 Mah Jong Class 10 a.m.	14	15 Zumba 10:30 a.m.
18 Prize Bingo 12:30 p.m.	19	20 Medicare Assistance 10 a.m. Rock Painting 10:30 a.m.	21 Commodities upon arrival	22
25 Center Closed for Memorial Day	26 Memory Café 10 a.m.	27 PHX Art Museum 10:30 a.m.	28	29
June				
Monday	Tuesday	Wednesday	Thursday	Friday
1 Memory Monday Screenings	2 Resource Fair 10 a.m. to 2 p.m.	3	4	5 Zumba 10:30 a.m.
8	9 Loteria 10 a.m.	10 Mah Jong Class 10 a.m.	11	12 Book Club noon
15	16	17 Medicare Assistance 10 a.m. Mah Jong Class 10 a.m. Rock Painting 10:30 a.m.	18 Commodities upon arrival	19 Center Closed for Juneteenth
22 Prize Bingo 12:30 p.m.	23	24 Mah Jong Class 10 a.m.	25	26 Zumba 10:30 a.m.
29	30 Memory Café 10 a.m.			

CENTER TRIPS



April

Destination	Date	Departure	Returning	Fee
Chelsea's Kitchen	April 2	10:45 a.m.	12:45 p.m.	Cost of lunch + \$2 bus fee
El Chullo Restaurant	April 14	10:45 a.m.	12:45 p.m.	Cost of lunch + \$2 bus fee
Lemon Mediterranean Restaurant	April 24	10:45 a.m.	12:45 p.m.	Cost of lunch + \$2 bus fee

May

Destination	Date	Departure	Returning	Fee
Nana's Pancha	May 6	10:45 a.m.	12:45 p.m.	Cost of lunch + \$2 bus fee
Herberger Lunchtime Theater	May 19	11:20 a.m.	1:20 p.m.	Ticket Price: \$10 + Sack Lunch: \$2.50 + \$2 bus fee *Ticket price collected at time of reservation
The Tamale Store	May 29	10:45 a.m.	12:45 p.m.	Cost of lunch + \$2 bus fee

June

Destination	Date	Departure	Returning	Fee
First Cup Ethiopian	June 4	10:45 a.m.	12:45 p.m.	Cost of lunch + \$2 bus fee
Phoenix Police Museum	June 17	10:45 a.m.	12:45 p.m.	\$2 bus fee
George and Sons	June 30	10:45 a.m.	12:45 p.m.	Cost of lunch + \$2 bus fee

Deer Valley Senior Center Daily Activities

ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE

Class	Location	Day	Time
Movies	Room 9	Mondays, Wednesdays	1:15 to 3:45 p.m.
Chair Exercise	MPR	Mondays, Wednesdays, Fridays	9 to 10 a.m.
Senior Fitness	MPR	Mondays, Wednesdays, Fridays	3:30 to 4:30 p.m.
Bridge Class	Room 8	Mondays	11:30 a.m. to noon
Bridge	Room 8	Mondays	noon to 3 p.m.
Brain Games	MPR	Mondays	2:15 to 3:15 p.m.
Crochet Corner	Lounge	Tuesdays	1 to 2 p.m.
Beginning Spanish	Room 10	Tuesdays	2 to 3 p.m.
Dominoes	Lounge	Tuesdays	2 to 4 p.m.
Advanced Poker	Room 7	Tuesdays, Thursdays	9 to 11 a.m.
Geri Fit	MPR	Tuesdays, Thursdays	1 to 2 p.m.
Chair Yoga	Room 9	Tuesdays, Thursdays	2:15 to 3:15 p.m.
Open Project Studio	MPR	Wednesdays	1 to 3 p.m.
Euchre	Room 8	Wednesdays	9 to 11 a.m.
Game Zone	Lounge	Wednesdays	noon to 2 p.m.
Guitar Group	Room 10	Wednesdays	1 to 3 p.m.
Advanced Mah Jong	Room 8	Wednesdays	1 to 4 p.m.
Duplicate Bridge	Room 7	Second and fourth Wednesdays	noon to 4 p.m.
Mah Jong	Lounge	Thursdays	9 to 2:30 p.m.
Intermediate Spanish	Room 8	Thursdays	10 to 11 a.m.
Tai Chi <i>(practice only)</i>	MPR	Thursdays	10 to 11 a.m.
Beginning Line Dance <i>(cancelled until further notice)</i>	MPR	Thursdays	2:30 to 3:30 p.m.
Craft Class	Room 10	Fridays	10 to noon
Tai Chi <i>(practice only)</i>	MPR	Fridays	1 to 2 p.m.
Swoop	Room 7	Fridays	1 to 4 p.m.
Tai Chi Fan Form <i>(practice only)</i>	MPR	Fridays	2:15 to 3:15 p.m.