



**CITY OF PHOENIX  
HUMAN  
SERVICES  
DEPARTMENT**

# Marcos De Niza Senior Center

305 W. Pima Street Phoenix, Arizona 85003

602 262-7249 [Phoenix.gov/seniorcenters](http://Phoenix.gov/seniorcenters)



## Center Hours

Monday to Friday 9 a.m. to 4 p.m.



# May & June 2024 Program for Active Adults



## MEMBERSHIP

Annual membership is \$20 for Phoenix residents and \$40 for non-residents. Your membership gives you access to any of the 15 Phoenix senior centers. A visitor pass is available for **two FREE visits**.

## TRANSPORTATION

Senior Center Shuttle Program: MV Transportation provides flexible taxi service to and from your local senior center for eligible members. Please contact center staff.

## VOLUNTEER

Please see Human Services staff for more information on volunteer opportunities.

### Cinco De Mayo Celebration

9:30 a.m.

Thursday, May 2

### Mother's Day Celebration

9:30 a.m.

Friday, May 10

### Memorial Day Celebration

9:30 a.m.

Thursday, May 23

### Father's Day Celebration

9:30 a.m.

Wednesday, June 12

## LUNCH

Lunch is served daily at 11:30 a.m. A recommended contribution of \$2.50 is requested of members per meal. The cost of a meal for all others is only \$5. Meal reservations and cancellations must be made at least three business days in advance. Members without a lunch reservation may have a "standby" lunch based on availability.

## CASEWORKER

Contact Center Staff for more information.

## MEMORY CAFE

**Memory Café** is a welcoming place providing persons living with early to moderate dementia a safe place to socialize and participate in activities facilitated by professionals to stimulate and support brain health. Memory Café's include care partners for a shared experience. Advance Registration is required; there is no fee to attend. Please call 602-534-5750 or email [memory.cafe@phoenix.gov](mailto:memory.cafe@phoenix.gov)



**The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenter. Screened Presenter (s) shall not state or imply any endorsement by the City of Phoenix or any of its employees.**

For more information or a copy of this publication in an alternate format, contact 602-262-4520 voice.

The City's TTY Relay phone number 602-534-5500 may be used, if needed.

Cinco De Mayo  
Celebration  
9:30 a.m.  
Thursday, May 2

# May Special Events

Birthday  
Celebration  
12 p.m.  
Thursday, May 16  
Thursday, June 20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Mother's Day Celebration</b> 9:30 a.m. Friday, May 10</p>		<p>1</p> <p>1 p.m. Creative hour</p>	<p>2</p> 	<p>3</p> <p>10 a.m. Field Trip Adam Diaz Cinco De Mayo</p> 
<p>6</p> <p>12:30 p.m. Memory Monday Higher Octave Learning</p>	<p>7</p> <p>12:30 p.m. Brown Bag</p>	<p>8</p> <p>12:30 p.m. T.E.F.A.P.</p>	<p>9</p> <p>11 a.m. Trip Walmart</p> <p>12:30 p.m. T.E.F.A.P.</p>	<p>10</p> 
<p>13</p> <p>1 p.m. Arts &amp; Crafts with Tina</p>	<p>14</p> <p>12:30 p.m. Brown Bag</p>	<p>15</p>	<p>16</p>  <p>10 a.m. Arts with Christy</p>	<p>17</p> <p>11 a.m. Lunchin Munchin Sizzler</p>
<p>20</p> 	<p>21</p> <p>12:30 p.m. Brown Bag</p>	<p>22</p>	<p>23</p>  <p>9:30 a.m. Memorial Day Celebration</p>	<p>24</p> <p>11 a.m. Trip Fry's Store</p>
<p>27</p> <p>Memorial Day Center Closed</p> 	<p>28</p> <p>12:30 p.m. Brown Bag</p>	<p>29</p> <p>1 p.m. Site Council Meeting</p>	<p>30</p>	<p>31</p>

# ONGOING ACTIVITIES

Coffee Club	9 a.m.	Daily
Billiards, Games, Cards	9 a.m.	Daily
Socializing with Friends	9 a.m.	Daily
Color with Style	9 a.m.	Daily
Happy Body Exercise	11 a.m.	Daily
Blood Pressure Check	9:30 a.m.	Every Monday Every Friday
Geriatric-Fit	10 a.m.	Every Monday Every Wednesday
Loteria	12:30 p.m. 1 p.m.	Every Monday Every Thursday
Walking Group	9:30 a.m.	Every Monday Every Friday
Memory Monday	10 a.m.	First Monday of the month
Jewelry Class Lead by Volunteer	2 p.m.	Every Monday
Let's Talk	10 a.m.	Every Monday
Tai Chi	10:30 a.m.	Every Tuesday
Brown Bag	12:30 p.m.	Every Tuesday
Shaky Tuesday	2 p.m.	Every Tuesday
Karaoke	2 p.m.	Every Wednesday
T.E.F.A.P	12:30 p.m.	Second Wednesday Thursday of the month
Sewing Lead by Volunteer	2 p.m.	Every Thursday
Bingo	1 p.m.	Every Friday
Movie Day	12:30 p.m.	Friday, May 10 Friday, June 14

**Note: Trips, Programs, Classes and Events are subject to change or cancellation without notice.**

The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenter. Screened Presenter(s) shall not state or imply any endorsement by the City of Phoenix or any of its employees.  
Revised 04/02/2024





Father's Day Celebration

9:30 a.m.

Wednesday, June 12

# June Special Events



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 12:30 p.m. Memory Monday Higher Octave Learning	4 12:30 p.m. Brown Bag	5 1 p.m. Creative hour	6	7 11 a.m. Trip Golden Corral
10 1 p.m. Arts & Crafts with Tina	11 12:30 p.m. Brown Bag	12  10 a.m. Flag Day 12:30 p.m. T.E.F.A.P.  FLAG DAY	13 12:30 p.m. T.E.F.A.P.	14 9:30 a.m. Trip Devonshire Rummage Sale
17	18 12:30 p.m. Brown Bag	19 Center Closed Juneteenth Holiday 	20 	21 11 a.m. Trip AZ Mills Mall
24	25 12:30 p.m. Brown Bag	26 1 p.m. Site Council Meeting	27	28

Note: Trips, Programs, Classes and Events are subject to change or cancellation without notice.